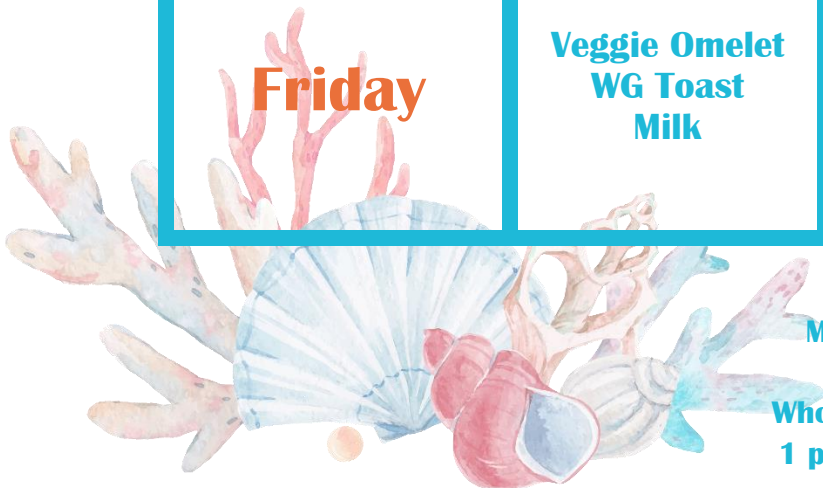




The Reef Café

Week 4	Breakfast	Lunch	Snack
Monday	Life Cereal Fresh Fruit Milk	BBQ chicken on WG bun Apricots Green beans Milk	Pretzels Oranges <i>Toddlers: Animal crackers and mandarin oranges</i>
Tuesday	French Toast Mixed Fruit Milk	Beef stew w/ vegetables WG roll Cantaloupe Milk	Turkey and cheese pinwheels on tortilla
Wednesday	Banana Bread Applesauce Milk	Chicken Nuggets Mac and cheese with WG noodles Broccoli Grapes Milk	Chex Mix Apple slices <i>Toddlers: Graham crackers and mixed fruit</i>
Thursday	Yogurt with Mixed Berries WG Toast Milk	Mexican Chicken Brown Rice Corn Peaches Milk	Garlic hummus and Pita Wedges
Friday	Veggie Omelet WG Toast Milk	Grilled cheese on WG bread Tomato Basil Soup Fruit Cocktail Milk	Cheese-its Pears



WG= whole grain

Milk Substitutes are available upon request

Water is available to the children

Whole Milk is served to children one year of age

1 percent milk is served to children 2 and over