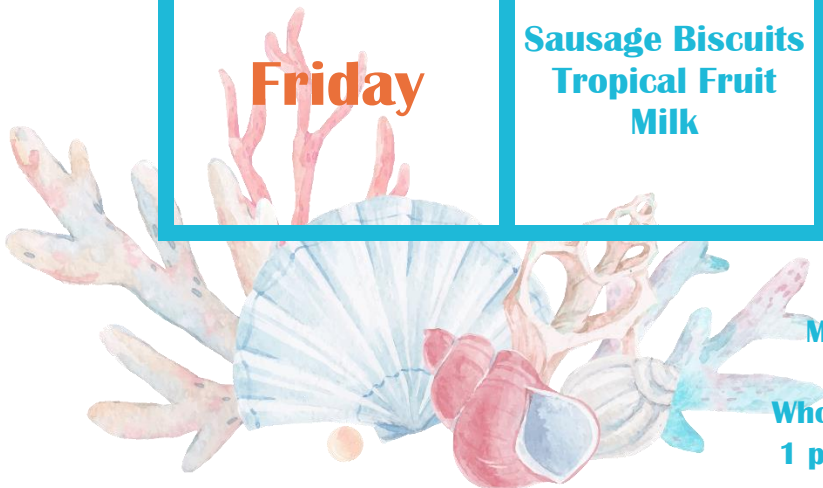




# The Reef Café

<b>Week 3</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>Snack</b>
<b>Monday</b>	Rice Krispies Cereal Bananas Milk	Beef Vegetable Stir Fry WG Rice Pineapple Milk	Goldfish Apple Slices
<b>Tuesday</b>	Cinnamon Toast Oranges Milk	Chicken with WG noodles Peas Tropical Fruit Milk	½ Jelly and Sun Butter Sandwich
<b>Wednesday</b>	Scrambled Eggs WG toast Milk	Corn Dogs Tater Tots Pears Milk	Cheese Slices Saltines
<b>Thursday</b>	WG Oatmeal with Raisins Peaches Milk	Turkey Wraps Mixed Green Salad w/Ranch Dressing Applesauce Milk	Fruit Salad Cheez its
<b>Friday</b>	Sausage Biscuits Tropical Fruit Milk	Hamburger on WG Bun with Pickle Sweet Potato Fries Mixed Fruit Milk	Banana Nutella Wrap tortilla



**WG= whole grain**

Milk Substitutes are available upon request

Water is available to the children

Whole Milk is served to children one year of age

1 percent milk is served to children 2 and over